

#### October 9, 2015

I couldn't resist. "What Does Your Tuna Casserole Say About You?"

I like tuna casserole as much as the next person. But I was unaware that how I made it had some kind of metaphysical or psychological meaning. I can understand the attraction of headlines that offer: "What do your favorite things says about you." Or "7 things your poop says about you." Really. Or "20 things your hairstyle says about you." Or "18 things your feet say about you." Remember, I don't make this stuff up.

Or the ever popular: "Which Disney character are you?" Or "Which 'Friends' character are you most like?" Or "Which Hunger Games/Hobbit/Lord of the Rings/Frozen/Games of Thrones (you get my drift) character are you?" These "quizzes" pop up on Facebook, email forwards, internet front pages (msn.com, yahoo.com). And inevitably, someone gets hooked, does the quiz, and proudly reports that "I am Tinkerbell" or "I am faithful Samwise," or I am....I can't think of any of the Friends characters. Admit it. You've done it.

I guess I'm just cynical. I don't really care. But perhaps it helps people find their identity. My identity stares back at me in the mirror every day. I'm not sure there is a Disney character that represents a short, over weight, tired, 60 year old woman, with blotchy cheeks (used to be rosy, but not anymore, so that lets me out of the Snow White/Rose Red characters), and mousy hair. So I don't really need some writer, who is hired to make stuff up like this every day, to tell me that I am most like Albus Dumbledore from Harry Potter because, "You're wise, quirky and very trusting. You're loved and respected by everyone but sometimes you put too much pressure on yourself to make everything right." Yes, I took the quiz-for research purposes of course. On some of the questions I chose the only answer that I recognized (like favorite song). So maybe I got Albus because he's old, too, and wouldn't know who Daft Punk was.

But tuna casserole? I bet you were wondering when I'd get back on topic. I couldn't pass up this one.

First the site tells me (read in a sing song voice, it comes across more profound): "Tuna casserole is like a blank canvas just waiting for you to fill it with your own imagination and creativity. How you choose to work it can reveal things about your personality." A blank canvas. Really.

So these were the choices:

I am a Vegetable Vixen (whatever that means) if I load up the casserole with things like kale, bell peppers, onions & any other veggie stashed away in the fridge.

I am an Active Learner, if I make the cream sauce for the casserole from scratch (meaning, I used a recipe & "learned" how to do it) rather than just dump a can of cream of something soup mix into the mix.

I am a Curve Ball Thrower if I use lasagna noodles instead of traditional elbow macaroni. It keeps the eaters "on their toes," so to speak. Ooooo, daring.

I am an Ironic Traditionalist, which means I'm like Betty Crocker, but with a tattoo. I

honestly can't imagine Betty with a tattoo, but apparently it means taking a Beef Wellington recipe and turning it into tuna casserole. Substitute tuna for beef. I guess that's where the tattoo comes in.

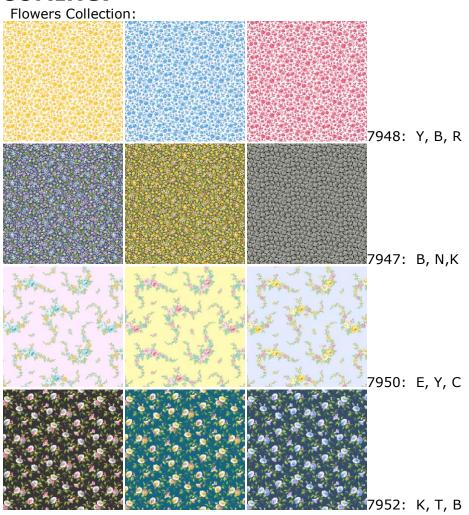
I'm a Healthy Healthster (I have no idea what that word means) if I toss out everything tasty and substitute only "good for you" ingredients. So no pasta, no flour for thickening, no tasty sauces and no bread crumbs. You can probably keep the tuna.

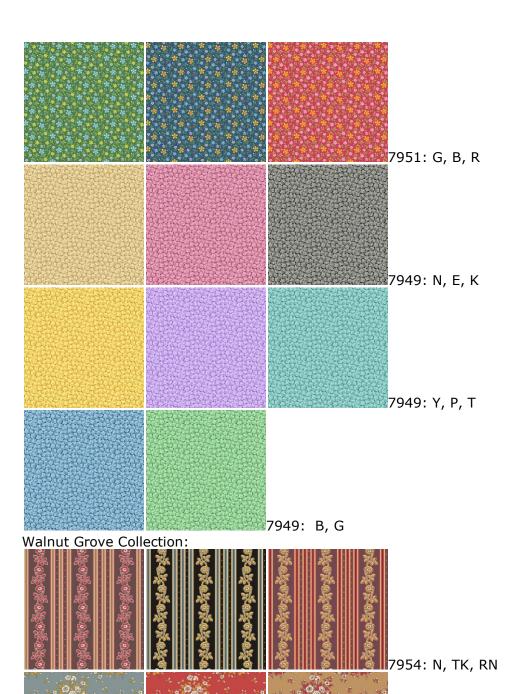
I'm a Calculated Risk-Taker if I can "please picky eaters without losing who I am." Now, remember, I know who I am because I look in the mirror everyday not because I'm most like Albus Dumbledore because I took the Harry Potter quiz. But apparently, this means I can get away with putting sliced zucchinis in with the pasta. Everyone who is picky can pick out the zucchinis. Albus probably would.

And finally, I'm a Classic Casseroler if I just use tuna, elbow pasta, canned soup & cheese. Which is actually a lot like the ingredients in all of the other tuna casserole recipes.

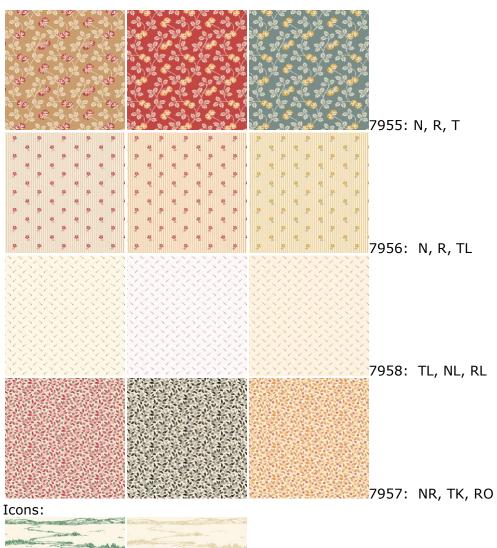
So which one are you? You can probably figure out which one I am, although the name of the casserole should probably be, "Classis Cynical Tuna Casseroler from a Box."

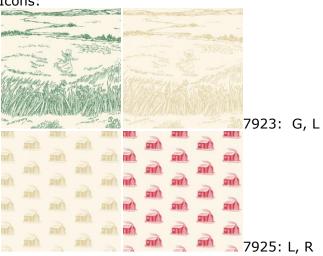
## LITTLE HOUSE ON THE PRAIRIE FABRIC IS COMING!

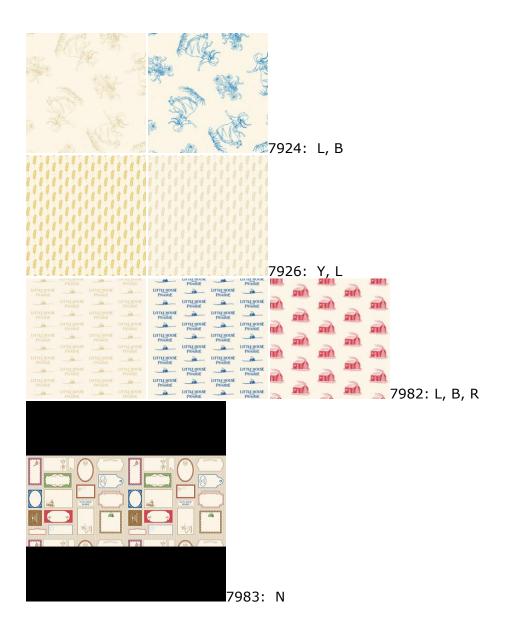




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# LITTLE HOUSE ON THE PRAIRIE QUILTS!

We will be highlighting 5 quilts (see 4 of them below) to go with the Little House collection. In the store, you will see a Log Cabin quilt (sample is done with on of the first



Thimbleberries collection); a Bear's Paw quilt (done with Smithsonian fabrics); a Flying Geese quilt (done with Downton Abbey fabrics) and a Churn Dash--fabric line yet to be decided. We will have these quilts hung to show the patterns, and later, once the fabric arrives, we will have quilts made with the fabrics.

Fabric will be \$11.80 per yard. Fat quarter bundles of the Flowers: \$69. Walnut Grove:

\$54. Icons: \$36. Bundle of all fats: \$159.

If you are interested in getting any of the fabrics, we will take pre paid orders. Fat quarter bundles will do at least two quilts. Additional fabrics will needed for borders and backgrounds.

Log Cabin Quit 90" X 90": 4-5 yards each of light & dark fabrics. Center: 1/4 yd. Borders: Inner: 1 yard. Outer (to go with the 9 patches) 1 3/8-2yards (if using a stripe).

Translate to LHOP fabrics: 1 fat quarter bundle of flowers for darks. 4-5 yards of lights (choose Walnut Grove lights & some lights from the Icons). Center: 1/4 yard of a red or a yellow (from Flowers collection). Inner Border: Your choice, 1 yard (pink from Flowers collection). Outer border (to border out the 9-patches) 1 3/8 yard. Picture shows a stripe from Walnut Grove.



Bears Paw Quilt 81" X 93": Background (for blocks & sashing) 3 1/8 yards (Walnut Grove light print). Blue for blocks (Flowers collection): 2 1/8 yards. Inner border (stripe from Walnut Grove): 1 1/2 yards. Yellow for centers (from Flowers): 1/8 yard. Outside border (LOG, length of grain) 2 1/2 yards (fabric shown from Flowers).



Churn Dash 77" x 5/8 yard. Yellow 1/4 yard. Blue border: 2 borders: 1 3/8 yard. 3/8 flowers and 9 fats of the

Translate to LHOP (from Walnut Grove). yards (from Flowers, collection of fats from both



77": White background: background for blocks: 2 1/4 yard (LOG). Inner yard cuts of 6 of the small darker flowers.

fabrics: Background 5/8 Yellow background 2 1/4 7950Y). Churn Dash fabrics: collection. Flying Geese 58" X 72": Background: 1 1/8 yard. Stripe for inner sashings: 1 1/4" or 2 yards LOG. Border 1 3/4 (LOG). Inner border: 7/8 y ard. 25 fats for the geese.



## WHAT'S NEW!!

From Free Spirit:



From Marcus Brothers--flannel:



From Moda:











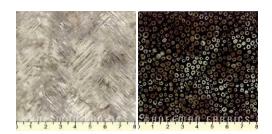
From Clothworks:



From Elizabeth Studios:



From Hoffman:



## **Purrfectly Pieced**

We have all of the flannels for Bonnie Sullivan's newest: Purrfectly Pieced. We have 4 kits with all of the flannel, and we have 2 sets of individual patterns kitted. Make sense? If you want to do the whole quilt, we have the flannel cut for the project. If you just want to make one block, we have individual patterns kitted. Kits are limited right now, and we need to get a few more patterns in. If you are interested, and we sell out, just let us know. We have enough flannel to make a few more kits.



Kits for the entire project (minus binding & backing) are \$93. Individual patterns, kitted with fabric, are \$20.

Kits are limited & are selling.

### **October Classes & Special Events**

Beginning Quilting Sun. 1-4, Oct11, 18, 25; Nov.8, 15
OR

Wednesdays: 6-9 Oct7, 14, 21, 28; Nov. 4 \$65 Barb Boyer

## Hand Embroidery Club Sat. Oct. 10, 10-noon FREE Kathy Sconce

(Club normally meets the 2nd Sat. of each month from 10-noon)

This year we're doing birds-state birds. We will have between 40-50 birds (some states use the same bird) for you to stitch. Various setting for turning the birds into a quilt will be provided. Color suggestions for the birds will also be offered. As a bonus, you will get the state outlines, state flowers, and other patterns to compliment the birds. You can join anytime.

## Bermuda Sunrise Sat. Oct. 10, 1-5 & Sat. Oct. 31, 10:30-5 \$20 Sue Frerich

This richly rainbow colored water color looking-should I go on with the adjectives? It is a beautiful quilt that will brighten any room. Use tone on tones, batiks or a mixture. It is simply pieced, but complex in its color.



### Vines & Berries-Appliqued Table Runner Wed. Oct. 14 & 28 (additional classes, if Sandra Freeburg \$25

Is a large appliqued quilt too daunting? Try your skill table runner, pattern by Edyta Sitar. You must take Class before taking this quilt, as a knowledge of back essential to making this table runner. Skills learned circles, vines, and pin point tips for leaves.

Let's Finish Downton Abbey! Thurs Oct 15, Nov 19 ongoing



### needed) 1-4

at the beautiful the Back Basting basting is will include



This gobbler will be a show stopper on your table for Thanksgiving. However, you need to sign up at least 2 weeks in advance to guarantee



a kit, which is the only way this turkey is sewn. The kit comes from Happy Hollow designs and combines fusing and sewing to create this dimensional quilt.

## Disappearing 9-patch Triangles Sat. Oct. 24, 10:30-5 \$20 Barb Boyer

This spin off from the Disappearing 9-Patch pattern, combines 9-patches & half square triangles. You can use all precuts (5" squares & 10" squares) or cut your own. Pattern will be provided in class. Sample is done with Hoffman 5" squares and ¼ yard cuts of 8-10 additional batiks. Mitered borders will also be covered in class.



### Bertie's Year Last Friday of the month, 1-4

Bertie's Year is a small wall hanging, (or you can make each block into a mini quilt for display each month). Bertie is done in flannels and wool (kit only includes flannel). Bertie (the bird) and friends (squirrel, pumpkins) are appliqued with crazy quilt embroidery embellishments.

### Friday Nighters Fri. Oct.30 5:30-? \$10 Barb Boyer

This class will help you get organized for Christmas 2015 -- or just help you get things done. You give me a list of your "to dos" or unfinished projects you want to finish and then each month I check off what you've completed. Trust me. If you need incentive to stay on track, this is it. You can bring your sewing machine or do hand work.

### October 2015

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Knit Pick ers' Club 6- 8:30		Ber mud a Sunr ise 1- 5				

11 Beginning Quilt 1-4	1 2	13	14 Vine & Berri es, Back Basti	Let's Finish Down ton Abbe y 1-4	16 Open Sew 1- 4	17 Turkey TableT opper 1-6
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18 Beginning Quilt 1-4	1 9	20	21 Begin ning Quilt 6- 8:30	22	23	Disapp earing 9-patch triangle s 10:30- 5
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### **HAND APPLIQUE CLUB**

This is a get-together & stitch class. Many of us are trying hand applique these days-patterns are calling for a lot more applique. The club is designed for quilters who already do
some hand applique, but beginners are welcome as well. We will share techniques, suggest
patterns, talk about threads and, in general, just stitch. A little quiet time away from the
distractions of home is what we need to get our projects done.

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### **HAND EMBROIDERY CLUB**

If you want to learn to hand embroider or just brush up your technique, join us on the second Saturday of the month from 10 to noon. We provide free vintage patterns, and this year we will have free patterns of girls with hats, that you can embroider, embellish and color. Each month Kathy Sconce shows us a new stitch to try, plus, she guides us through thread choices, how to knot, fabrics to use, and tracing techniques.

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### **Knit Pickin' Club**

This is another get-together class to sit & knit, work on our projects, share information and get some help. We will share techniques, suggest patterns, but mainly we'll sit & knit (or pick).

#### **Toad Toters**

On full moon days (as noted in the calendar) you will get 20% off all purchases (not otherwise discounted) that you can fit in your bag. You must bring your bag to participate. Full Moon Days: September 27; October 27; November 25; December 25 (I'll figure something out. I'm not coming in on Christmas).

#### **Discount Policy**

We will honor only one discount -- whichever is largest. You can't combine a 10% with a 25% discount to get a 35% discount. On this we can't be bribed.

### **Color of the Month**

September orange/yellow; October green; November flannels; December red.

\*

Join the fun and come feel the difference of quality fabrics.

Happy quilting!